



CRAIGARDAN

2024 RESIDENT HANDBOOK

9216 NYS RT 9N // Elizabethtown, NY 12932

518.242.6535 // info@craigardan.org // www.craigardan.org

Welcome

From the founding director

It is my pleasure to congratulate you on your residency award and welcome you to Craigardan. This is an exciting time for us as we reopen our interdisciplinary programs, support artists and scholars with the time and space to expand their creativity across domains, continue to engage with the Adirondack community, and invest in long-range, sustainable farm design and universally accessible campus construction. I invite you to bring your energy, curiosity, and experience – along with an open mind and collaborative spirit – to your time in-residence.

While Craigardan is very retreat-like, it is not at all resort-like. We are a working farm on a developing campus, set within the wildness of nature. Your experience will be similar to luxury camping. In preparation for your residency, please be sure to read this guide thoroughly and often. Communicate with staff in advance if you have questions or concerns; if you need transportation or other assistance; or if you have particular needs that are crucial for your success. We cannot assist you without open, advance communication.

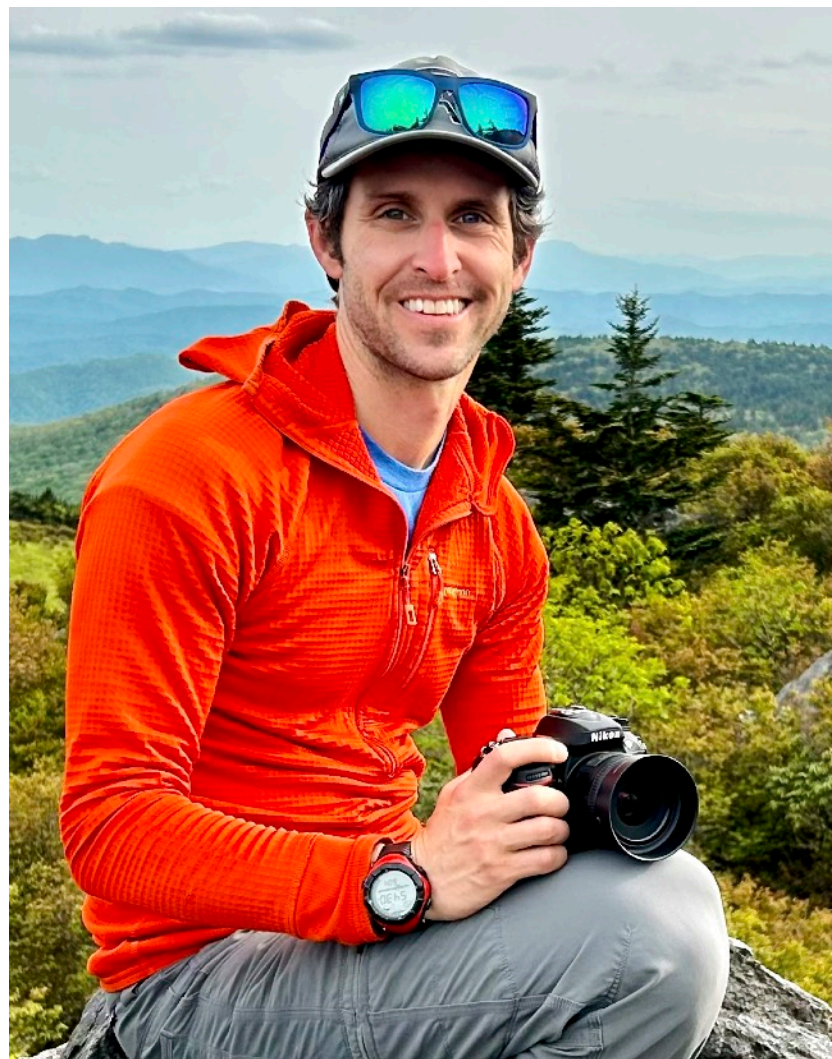
While you are here, we trust you to structure your time to meet your needs. You will have the space to explore, create relationships and lifelong connections, gain new knowledge, have access to resources, and receive support and feedback from the community. You will have the option to meet with staff weekly for organizational and artistic support, and we encourage cross-disciplinary exploration by providing opportunities to engage in studio, farm, culinary, and intellectual experiences.

We hope that you'll bring a willingness to try new things but also come to share a bit of yourself. We are here to support you and your work, but also to respond to and grow from all that you bring to Craigardan. Each resident's presence, knowledge, and insight will help to inform this place and the future of our work; planting the seeds for change and growth.

Michele

Michele Drozd
founder, ceramic artist, and executive director

*Staff Top L to R: Michele Drozd, executive director; Theresa-Xuan Bui, administrative coordinator
Bottom L to R: Emma Ainsworth, farmer; Jeremiah Reiner, program coordinator*



Community Agreement

Our promise to each other

Craigardan occupies the Indigenous lands and waters of the Kanien'kehá:ka people, keepers of the Eastern Door of the Six Nations Rotinoshoni. We acknowledge that the Kanien'kehá:ka people still safeguard the mountains, valleys, rivers, and lakes as their ancestors had done for millennia. We give our greetings and our thanks to the Kanien'kehá:ka people and their relatives among the Six Nations for being on their land today.

We affirm our obligations to live in balance and harmony with each other. We accept responsibility for deceptive land sales and broken treaties that enabled non-Native settlers to establish this farm now called Craigardan on Indigenous land. And, we commit ourselves to healing the intergenerational traumas of colonization, racial discrimination, and environmental degradation through mutually beneficial alliances with our Indigenous neighbors and all communities of color to build sustainable systems that integrate the needs of human communities with the integrity of the natural world.

It is in this spirit of care, accountability, and healing that we come together at Craigardan. We take the safety and well-being of everyone in our community very seriously. As we bring together people with diverse experiences, we invite everyone to come with a spirit of humility, curiosity, and generosity. We recognize that being in community for a period of time is incredibly vulnerable, risky, and rewarding. We ask you to participate, interact, and lead with kindness.

As a guest at Craigardan, you are a participant in our community and will be entrusted with and held accountable to the consensual agreements below. These community guidelines are based on our organizational values, experiences, and input from participants to promote an environment of safety and well-being, while also clarifying our expectations for each other. It is a living document that remains responsive to new experiences and feedback as we grow into a mutually-dignified, diverse community. Following these guidelines is required of everyone who shares the Craigardan space: staff, board, residents, interns, volunteers, and guests alike. *Those who fail to follow these guidelines may be asked to leave:*

- Lead with kindness.
- Honor personal space, belongings, and communicated boundaries of interaction.
- Practice care and consent in relationships, interactions, and in using community space.
- Respect the buildings, grounds, and natural environment that make up and surround Craigardan.
- Refrain from harmful speech.
- Do not misuse intoxicants or put oneself or others in harmful situations.
- Respect and practice not assuming the identity and ability of one another.
- Maintain a willingness to be held accountable for perceived transgressions or actual harm.
- Uphold Craigardan's values when out in the local community.

Administration

Next steps

Before your residency can be confirmed, you must read this handbook and complete these next steps:

- Pay your non-refundable residency deposit (if you have one)
- Read, complete, and sign all paperwork:
 - Residency Agreement + Indemnity
 - Medical Form
 - Photo Release Waiver
 - Work Exchange Agreement
- Email a photo and short bio (to be included on the Craigardan website and used in additional communications) to program@craigardan.org

CANCELLATION POLICY: The deposit is non-refundable. If an accepted applicant needs to cancel all or part of their residency for any reason after final payments are made, a refund of the final payment may be issued if we are able to fill the vacant spot with another applicant from our waitlist. We do our best, but refunds are not guaranteed.

Emails To Expect:

- Program Planning: sent in March to schedule classes with Teaching Fellows and plan Applebarn Talks.
- Resident Cohort Intro: sent in April, this will introduce and allow you to connect with the other artists in your cohort of residents.
- Residency Preparation: sent 60+ days prior to arrival with links to final payment and other reminders.
- What to expect on arrival: sent out two weeks before your arrival date.
- Weekly Schedule: sent every Tuesday while in-residence with weekly happenings.
- Exit Survey: sent two weeks after your residency to collect your valuable feedback.

Primary contact info:

Main Office: 518.242.6535 (call/text)

Michele Drozd, Executive Director: michele@craigardan.org

Jeremiah Reiner, Program Coordinator: program@craigardan.org



Arrival + Departure

Important!

All residents arrive and depart on Mondays.

To build a sense of community, fully support you during your time in-residence, and provide you with the information you need while at Craigardan, we ask all residents to adhere to our Monday arrival and departure. A residency is truly a gift of time and space with a real per-day value. While we understand that life takes unexpected twists and turns and emergencies do happen, out of respect for the organization and the other artists in the community, we ask you to plan to stay until the departure day of your residency.

Arrival:

- **Residents may arrive between 2pm and 4pm on Monday.** Staff takes great care in planning for your arrival and orientation – please organize your day to arrive during this time-frame and account for traffic and possible delays.
- Please arrive first to the Farmhouse at 9216 NYS Rt 9N, Elizabethtown, NY 12932. You'll see our sign for the farm and farm store. Staff will greet you in the farm store and provide you with your welcome folder of information.
- You will then proceed up to Main Campus where staff will greet you and show you to your cabin. You can move in, have a snack, wander around, and rest until the 5pm Orientation.
- After the 5pm Orientation with staff, we will all gather for the weekly family Monday Night Dinner at 6pm. We will reaffirm our community agreement, do a round of introductions, and relax into a wonderful meal.

Departure:

- Please plan to be out of your cabin, studio, and kitchen by 10am on the Monday of your departure.
- If you have a car: please bring your laundry bag with sheets and towels down to the farmhouse to help the staff prepare for incoming artists.
- If we are providing you transportation to the train or bus: please leave your laundry bag on the front porch of your cabin. You may hang out in the Applebarn or Kiln House until our pre-arranged pick up time.
- Please be sure to say goodbye! We appreciate knowing your departure plans and don't want to miss the opportunity to bid you farewell and safe travels.

Top L to R: A Monday Night Dinner feast in 2018; Instructor Mark Shapiro loading pottery into the wood kiln, Bottom L to R: Construction of the Kiln House in spring 2023; The artist cabins with a view of the mountains

Details

Where you'll be living and working

Artist Cabin: your tiny private cabin is equipped with a twin bed, nite stand, clothes rack, and a table/desk with good lighting, outlets, and comfortable chair. You'll also have a fan, heater, yoga mat, solar lantern, and a trash can. The cabin has a window, large sliding doors (that lock from the inside), and a small porch.

Studio Space: the artist cabin is the primary studio for writers and scholars. Clay artists also receive a space in the Clay Barn at the farm. Chefs receive designated studio time in the summer kitchen. All other artists receive semi-private studio space either in the second floor of the Applebarn or the second floor of the Clay Barn.

Living Spaces: Shared living spaces on the main campus are in the Kiln House with the professional summer kitchen and dining; Bath House with four individual, full bathrooms; and the Applebarn with a seating/living area and library.

Laundry: A washer and dryer are available at the Farmhouse for resident use from Wednesday to Saturday 9am - 6pm. Note the Farmhouse is locked at 6pm sharp!

Internet: Wireless internet is available in the Farmhouse at the farm and in the Applebarn on the main campus. Wifi access is not available in the artist cabins or in all of the studios.

Phone: The office phone number is 518.242.6535 and is available for your use for domestic calls. Please note there is little to no cell reception on campus, and it may be useful to enable WiFi calling prior to your residency. Please keep phones on silent.

Printing: We have a printer available in the Farmhouse for limited printing needs (up to 20 pages). Additional pages will cost \$.10 per page. The Keene Valley Library and the Elizabethtown Library have printing facilities to accommodate more substantial printing jobs.

Mailing Address: Your mailing address during your residency: Your Name, c/o Craigardan, 9216 NYS Rt. 9N, Elizabethtown, NY 12932. You are welcome to mail yourself packages in advance of your residency.

Logistics + Costs

No surprises while you're here

Personal Items and Supplies: We provide basic household supplies, such as laundry soap, toilet paper, dish soap, and surface cleaning supplies in all spaces. All personal items or supplies purchases, such as shampoo, toothpaste, etc., are your responsibility. Some supplies are available for purchase in our Farm Store, at which you can receive a 10% resident discount.

Meal Preparation: You are responsible for preparing your own meals, individually or as a group. To complement the stocked kitchen + weekly farm share provided for you, you are responsible for purchasing whatever additional grocery items you may need or simply can't live without (soy milk, nut butters, bananas, beer and wine, sodas and seltzers, snacks, etc.). The Farm Store is a great resource for additional items (with a 10% discount), plus we are within a 5 to 25-minute drive to larger grocery stores, specialty markets, other farm stores, and farmers markets.

Studio materials, shipping, and kiln firing costs: all materials costs, shipping, and firing fees are the responsibility of the resident. Ceramic raw materials and clay are available for purchase in the clay studio. Firing fees are posted and vary according to the kiln and a cost sheet will be sent to all clay residents in advance. There are no art supply stores in the region, and we recommend bringing your materials with you, or shipping a box ahead of time. If you have artwork to ship home afterwards, you can drop a box off at the USPS in Elizabethtown, or the local UPS pick-up point in Keene Valley.

Local Transportation: We do not offer regular transportation into town, but ride-sharing with other residents is easy and opportunities are typically available. However, we highly recommend bringing a car. There is a lot to see and do outside of Craigardan. Bicycles are also a great way to travel the 4 miles into Elizabethtown, or to go back and forth from the farm to the main campus. Strong legs required! Please note that there is no Uber or Lyft in the Adirondacks.

Additional Expenses: Please budget for personal or public transportation to and from Craigardan – including a \$40 round trip shuttle fee for the local bus stop or train station. Once here, you might wish to go out to eat, purchase artwork or local goods, or buy chocolate bars in the farm store.

Accessibility: Please note that while our new campus is designed to be universally accessible, we will have increasing ability to accommodate specific needs as the campus is built. If you are living with a disability, please discuss this with staff so that we can work to support you.

Please know: We recognize the personal and financial commitment it takes to attend a residency and to find the time and resources to do your best work. It is our goal to continue to develop more financial aid opportunities, provide more fellowships, and increase scholarship and work-exchange funding.

Weekly Schedule

During your residency

With all that the region and Craigardan has to offer, it can be challenging for residents to remain focused on their work with so much unstructured free time. To make the most of this gift of time in-residence, it is important to maintain a sense of discipline while also trusting in the creative process, in the value of new experiences, and in yourself and your personal needs while here.

Residents have the opportunity to participate in:

Monday Night Dinners: The weekly family feast that brings staff and special local guests together with residents. This is the one meal per week that is prepared for you by staff.

Farm Hours: Tuesday morning volunteer time on the farm for folks who wish to learn and help out with various projects and tasks.

Public Programs: Optional and free access to all classes and programs as scheduled. Residents must register in advance for all public programs by emailing staff at program@craigardan.org. Classes typically take place on Tuesday and Thursday evenings. The full program guide is available at craigardan.org/events in April.

Wednesday Crit: Optional weekly group critiques on Wednesdays for artistic/creative support, constructive feedback, and practicing the craft of critical thinking.

Thursday Check-Ins: Optional staff check-ins on Thursdays for organizational support, logistics, problem-solving, and professional development. This is particularly helpful for folks attending their first residency.

Friday Applebarn Talks: Free public series of artist talks and presentations (each artist-in-residence is required to present at one talk).

And Beyond...

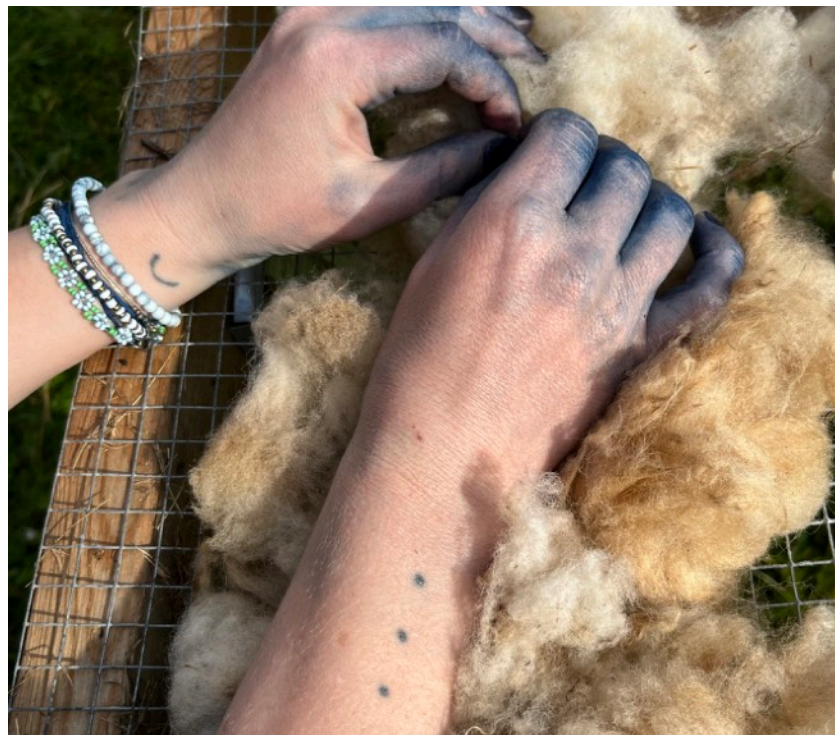
Alumni Support: Ongoing optional community participation, unique opportunities, and organizational support with fellow Craigardan Alumni.

The Gardan Journal: submit your work to our annual AIR issue for print and digital publication opportunities.

Top L to R: Firing the kiln during a workshop; Dennis Delay ('22, '23) giving an Applebarn Talk

Middle L to R: Residents volunteering to harvest on the farm; skirting wool during work exchange with indigo hands

Bottom L to R: Maggie Gray speaking in 2018, Mike Mortimer ('23) working in the veg



Fellowships + Work Exchange

What to expect as a Fellow or WE resident

If you are awarded a fellowship or a work exchange residency, this may impact how you prepare for and spend your time in-residence.

Teaching Fellowships: Teaching fellows will work with staff during March to refine the course concept, write a blurb, and schedule course dates. We typically support up to four teaching fellows per season. These courses are open to the public and to fellow residents and are offered on Tuesday and Thursday evenings. All courses are published in early April. While here, teaching fellows will receive staff support to organize, prepare for, and execute the class as necessary.

Trillium and Master Artist Fellowships: Beyond the Applebarn Talk, there are no specific requirements for fellows to fulfill while in-residence. These highly competitive fellowships serve to recognize and honor you and your work and simply provide you with the additional support to focus while in-residence. In addition to a fully-supported two week residency, fellows receive a \$500 honorarium awarded while here.

JBL! Fellowship: John Brown Lives! Fellows receive two awards from two collaborating organizations: a \$1400 scholarship and recognition from Craigardan, and a \$1000 fellowship and \$500 grant from John Brown Lives! In addition to presenting an Applebarn Talk at Craigardan, JBL! Fellows also present a public offering at John Brown Farm in Lake Placid. Staff at both organizations will work with fellows to organize their time in-residence and their time in Lake Placid at the farm. The scholarship and fellowship cover the cost of the residency in full, and the grant can be used at the fellow's discretion.

Work Exchange: Residents awarded work exchange commit to spending 10 or 15 hours per week working in different areas of Craigardan in exchange for \$20/hr residency fee reduction. Staff determines the work schedule based on Craigardan's need, and unless there is a particular project during your time in-residence, you can expect a mix of farm help, farm store help, cleaning, and Monday Night Dinner prep. The majority of WE hours occur on Thursdays, Saturdays, and Mondays – and WE residents receive their set schedule on the day of arrival. All WE residents will be trained on tasks during WE hours, and there is nothing to know or prepare for in advance other than what to pack. It is important to bring appropriate clothing and footwear for farming, cooking, and cleaning. If you cannot fulfill your WE commitment for any reason, you'll be required to pay the balance of that time towards the residency fee.

Applebarn Talks

Public series of artist talks

As an artist or scholar-in-residence, part of your Craigardan scholarship is for presenting a short 10-15 minute talk, reading, slideshow, performance, video or other mode of communicating to each other and to the public about you and your work. Residents often comment that this was an unexpected highlight of their experience – getting to know each other on a deeper level and practicing articulating their process, while engaging with a thoughtful local audience.

Past residents have hung artwork and held gallery talks, DJ'ed dance parties, performed original musical works, read poetry or excerpts from their works of fiction or nonfiction, discussed in-process pieces, presented slide-talks on research, projected video pieces, installed temporary sculpture on-campus, told stories or presented oral histories, passed around pottery, held experimental meals, and played podcasts. The limits are your own.

Typically 3-4 residents present each Friday for 10-15 minutes each maximum. The talks start at 5pm and end at 6pm. If presenting in front of others is your worst nightmare, don't fret – we'll help you plan for your comfort level.

The audience size varies depending on the week. The setting is intimate, and safe. It is often a mix of fellow artists-in-residence, staff, and local community members – some driving 45 minutes or more to spend time hearing about you and your work. We advertise the talks each week, promoting you and your work locally and on social media.

This is also a celebration and culmination of sorts – typically marking the end of one's time in-residence. We do our best to schedule talks for the final Friday before a Monday departure. Staff provides snacks and drinks for everyone to spend some time sharing and lingering. Afterwards residents will often go out to dinner or cook together, make a campfire, or make plans to celebrate together in some other way.

Staff will assist you in preparing for your presentation. A projector, screen, and audio equipment are available. We can typically support most creative requests with enough advance notice.



The circa 1814 Farmhouse and Farm Store entrance

Transportation

And guest policy

It is your responsibility to arrange transportation to and from Craigardan. Staff cannot assist with travel plans or make special arrangements for early or late arrivals to campus.

If you arrive in the area before the 2pm check-in time, there is a great coffee shop, diner, and library in Keene Valley. In Elizabethtown we recommend relaxing in one of the public parks.

If you hit an unexpected emergency and might arrive past the 4pm check-in window, please call the office immediately at 518-242-6535.

If you need to arrive or depart a day earlier or later, there are excellent accommodations nearby.

PLEASE NOTE: To help protect the health of everyone in the cohort we ask you to please wear a mask when taking public transportation or take appropriate precautions during your travel including in plane, train, or bus stations.

Find us: Google Maps or other mapping service will bring you to our Farm Store, at 9216 NYS Rt. 9N, Elizabethtown, NY 12932. Look for our roadside sign "CRAIGARDAN FARM STORE" and you might also see some sheep and chickens grazing around the building. If your GPS takes you up a dirt road called Hurricane Mountain Lane, that is incorrect – turn around! Just search for "Craigardan" and GPS will bring you to the farm store.

The following information is to assist you in your planning. Please be sure to check websites and do your own research for up-to-date information. Public transportation often changes and this may be incorrect at the time of printing.

Airports:

Albany Airport: 2 hours from Craigardan. Rental car, uber, lyft, taxi and bus service available. Please note: while available at the airport, Uber and Lyft are not locally available.

Burlington Airport: 1.5 hours - 2 hours from Craigardan (depending on ferry crossing). Rental car, Uber, Lyft and taxi service available. Please note: while available at the airport, uber and lyft are not locally available.

Adirondack Regional Airport: 1 hour from Craigardan (daily flights to and from Boston (BOS) and NYC (JFK):

Rental Cars:

Adirondack/Vermont Rental Cars 833-RENT-SLK

Avis will deliver cars to Adirondack Regional Airport when prearranged for a fee: 518-561-2348

Car and Driver Services: Polar Express - 518-327-3331

Bus and Train:

The Trailways Bus stops daily in Keene Valley, only 10 minutes away. We can arrange to pick you up from there for a flat rate fee of \$40 round trip – scheduled with staff and paid for in advance.

Amtrak: The line between NYC and Montreal is open. The nearest stop is Westport train station and we can arrange to pick you up from there for a flat rate fee of \$40 round trip – scheduled with staff and paid for in advance.

UBER and LYFT are not available locally. *Please do not plan on being able to use either service during your residency or for transportation back to an airport, bus, or train station.*

Local Lodging Options

Deer's Head Inn - 4 miles away in Elizabethtown

Keene Valley Lodge - 9 miles away in Keene Valley

Trails End Inn - Located 9 miles away in Keene Valley

Bark Eater Inn - Located 9 miles away in Keene

There are also state-run campgrounds and KOAs within a short drive.

Visitor Policy

Visitors are not permitted to stay on campus, but there are plenty of local accommodations available. Daytime visitors are welcome with advance notice, but may not participate in programs that are not open to the general public. We ask that all daytime visitors check in at the Farmhouse office first before going up to campus.



Marlena Murtagh ('23) in her Artist Cabin studio space

What to Bring

And what not to bring

Clothing: Bring layers! In summer (June-August) the days are hot and the nights are cool. In spring (May-June) it can be hot or quite cool and wet. Fall (September-October) is typically warm during the day and cold at night. What happens from November through April? Winter!

Bring clothes for dirty work (studio, farm, etc.), hiking and outdoor activities, and possibly an evening out or two. Bring hiking and/or work boots, sandals, and a bathing suit and towel for swimming holes and waterfalls. In fall choose wool over cotton clothing and lots of insulating layers, including hats, gloves, and insulated coat. We also recommend that you bring slippers or indoor shoes. Remember that we are a working farm in a mountainous landscape. Bring sensible shoes for all conditions.

Suggested clothing checklist:

- Shorts and pants
- Sweatshirt, rain jacket, and warm coat
- Work clothes for clay studio or farm

- Hat, bathing suit, swimming towel
- Sandals, sneakers and hiking shoes
- T-shirts and long sleeve shirts
- Slippers or indoor shoes

Ceramic Residents: Bring all needed personal safety equipment, including respirator, safety glasses, kiln glasses and kiln gloves, and/or hearing protection.

Farm + Work-Exchange Residents: Bring rain gear, including work pants and a raincoat, as well as waterproof boots.

Culinary Residents + Work-Exchange Residents: Bring closed-toed shoes to work in the kitchen, as well as a hat or other hair covering. Bring your favorite knives, hard-to-find spices and ingredients, and project-specific small appliances.

Suggested Tools + Equipment checklist:

- Personal safety equipment
- Rain coat and work shoes
- Baseball cap or hat for sun and kitchen
- Personal studio tools or equipment
- Sandals, sneakers and hiking shoes

- T-shirts and long sleeve shirts
- Slippers or indoor shoes

REQUIRED for EVERYONE:

- Headlamp or flashlight for unlit paths and hikes
- Personal toiletries including sunscreen and bug spray
- Charging cords for all personal devices

We also suggest:

- Headphones
- Camera
- Inspiration for your studio such as books or images
- Outdoor gear such as bikes, hiking or climbing gear
- A car!

Craigardan is a 6-mile drive from the small towns of Keene and Keene Valley, a 4-mile drive from Elizabethtown, and a 16-mile drive from Lake Placid. We highly recommend having a car!

DO NOT BRING:

- Illegal drugs
- Weapons
- Items that you can't take with you when you leave
- Pets or emotional support animals

We are a working farm! Please leave your pets at home including emotional support animals. Certified service animals are permitted. Our farmhouse cat, Alice, will happily provide snuggles. We additionally have a local SPCA that accepts volunteers.

Notable items that we supply for you:

- Coffee and tea and various ways to prepare them.
- Linens: bed sheets, blankets, pillows, and bath towels
- Yoga gear including mats, blocks, blankets, and straps
- A variety of sunscreen and bug spray options
- A solar lantern for each Artist Cabin

Take note: Ticks and tick-borne diseases are widespread in the Adirondacks. We recommend quick body checks throughout and at the end of each day when working/playing outdoors, especially in tall grass and wilderness areas. Tick remover tools can be found in all first-aid kits.



Fresh bean harvest from the farm

Food + Eating!

The most important section

Food, farming, food justice, and strengthening our local food system have been at the core of Craigardan since our founding. As one of the first art centers and residency programs in the world to have a farm or offer a culinary arts residency, we've been innovating ways to better explore food and farming as a creative practice for years.

So far, we know a few things to be true:

- 1) food brings people together
- 2) Good food is good health
- 3) Responsible farming is an ecological act
- 4) Farming and cooking is a creative process

We use food to build community and to encourage residents to step outside of their current practice and to participate in a different creative process. We hope that you'll cook and eat together while in-residence.

About the summer kitchen: Until the full campus is built, our primary kitchen is in the Kiln House pavilion. A beautiful and professional work space, it is equipped with commercial-grade stainless work tables, three-bay sink, and gas range and oven. It has:

- ▶ Two refrigerator/freezers for resident food storage and the weekly farm share
- ▶ Individual food storage bins for everyone's personal pantry items (our own private food storage)
- ▶ A stocked pantry
- ▶ A very large wood-fired bread / pizza oven
- ▶ Kitchen equipment: microwave, toaster, food processor, immersion blender, pasta maker, pressure cooker, hand mixer, mandolin, coffee maker, etc.
- ▶ All dishware, cookware, bakeware, glassware, and utensils

Except for Monday Night Dinner, you will prepare all of your own meals. Most resident cohorts choose to eat breakfast and lunch independently and then gather as a group to prepare dinner.

Typical breakfasts are: coffee or tea with oatmeal, yogurt, toast, or eggs and veggies.

Typical lunches are: leftovers from Monday Night Dinner or the evening beforehand; salads, sandwiches, easy soups or noodles, or a quick sauté of veggies.

Typical dinners make use of the farm share, incorporating seasonal vegetables with a variety of grains, beans, or meat. A nightly salad is common, paired with a pasta dinner featuring fresh tomatoes; or tacos with shredded cabbage and radishes and our ground pork or lamb; or rice and beans with zucchini and carrots. Cookbooks are available in the library for inspiration, and we have a binder in the kitchen of our own recipes and easy suggestions to help residents make good use of the seasonal farm share and pantry.

If you don't consider yourself a cook or prefer not to help – every group needs a person to contribute by cleaning up and doing dishes. Or if you just want to eat a bowl of cereal for breakfast, lunch, and dinner – well, that's ok too.

Do you have dietary restrictions? It is crucial that you note any food allergies or dietary restrictions on your medical form. It is entirely possible to be vegan or gluten-free here – but we need to know the true limits of your diet to best accommodate you.

The stocked pantry: each week the kitchen is stocked with an inspiring supply including:

- ▶ A variety of cereals, grains, beans, noodles, and pasta
- ▶ baking supplies, sugar, flours (including gluten-free)
- ▶ oils, butter, lard, vinegars, seasonings, and sauces
- ▶ coffee and tea
- ▶ herbs, spices, honey, and maple syrup
- ▶ Popcorn and homemade ready-to-bake treats

The weekly farm share: each week the kitchen will be stocked with a communal share of food produced on our farm and on our partner farms in the region. This is your "weekly farm share" and depending on the season, the harvest, and availability, it may include various (limited) quantities of:

- ▶ A wide variety of vegetables and greens
- ▶ Fruit such as apples, pears, and berries
- ▶ Dairy including local milk and yogurt
- ▶ Bread from one of our local bakers
- ▶ Meat and Eggs from our farm

Our focus is on local, seasonal ingredients with lots of vegetables. We'll help you learn about and embrace new vegetables and seasonal menus. We'll provide you with recipes and tips, and we look forward to learning from you as well.

PLEASE NOTE: The food provided is intended to fulfill most of your dietary requirements each week, but likely not all of the food you'll need or want.

Residents often supplement the pantry and farm share with:

- ▶ Snacks like chips, crackers, pretzels or cereal bars
- ▶ Cheese, sour cream, half-and-half
- ▶ Non-local fruit and veg like bananas and avocados
- ▶ Chocolate bars or ice cream
- ▶ Seltzer, soda, or alcoholic beverages

What you'll find in our Farm Store

The store is open from 9:00am - 6:00pm, Monday - Saturday. We stock local, organic, and all-natural products and we subsidize the cost to make quality food more affordable. The store accepts cash, credit card, and EBT / SNAP. Residents receive a 10% discount. We stock:

- ▶ Seasonal vegetables and fruits from Craigardan and partner farms
- ▶ Local Eggs and meat including chicken, beef, pork and lamb
- ▶ Local cheeses, yogurt, and milk
- ▶ Cottage cheese, sour cream, and other dairy
- ▶ Local ferments, sauces, and salsas

- ▶ granola, cereals and crackers
- ▶ Fresh and frozen bread, tortillas, and baked goods
- ▶ Butter and a variety of oils and vinegars
- ▶ Flours, grains, dry beans, rice, and pastas
- ▶ Sugar, honey, and local maple syrup
- ▶ Packaged snacks, such as crackers, chips, pretzels, snack bars, and chocolate
- ▶ Frozen fruit, vegetables, seafood, and ice cream
- ▶ Peanut butter, jams, canned fish, ramen, and other lunchtime + dinner options
- ▶ Frozen, prepared foods including Pakistani meals, dumplings, tamales, and local pizzas
- ▶ Seltzers, kombucha, natural sodas and organic, fair-trade coffee, tea, and hot cocoa
- ▶ Household items, soaps, and cleaning products
- ▶ Pottery, of course! Plus, books, woodcraft and Craigardan swag

In addition to our farm store, there is a small grocery store in town and weekly farmers markets. Larger grocery stores are 30 minutes away in Lake Placid.

Lastly, we compost! And we'll ask you to follow our kitchen composting guidelines to reduce waste and help feed our pigs and chickens.



Top: The Kiln House summer kitchen with an open view out to the mountains;

Bottom: Raenel Stelly ('21) during her culinary arts residency

Campus Policies

Help us help you

We have a few policies to keep in mind while you're here:

Shared spaces are cleaned by staff every Monday. In between, it is the residents responsibility to keep their living and studio spaces clean. Cleaning supplies, a vacuum, hand broom, and mop are available for use. Cabins and studios must be cleaned weekly.

Our beautiful wood structures are extremely flammable. Candles and ignitable items are not permitted. There is a campfire ring and a supply of firewood on the main campus for resident use.

This is a working farm! Pets, with the exception of certified service animals, are not permitted on the property. Emotional support animals are not service animals and are not permitted. Our farmhouse cat, Alice, will gladly provide snuggles.

Help us preserve and improve soils - parking is permitted only in designated parking areas, not on the fields or grass next to cabins. If you need help, staff can assist you with carrying your bags to your cabin.

Septic systems are fragile; please do not flush anything down the toilet except human waste and toilet paper.

Please use all facilities respectfully. Clean up after yourself in the kitchen. Clay and dirt-covered clothes must be pre-washed in a basin before laundering. Dispose of harmful materials and waste according to posted instructions.

We are living in the heart of nature in *Hurricane* Mountain wilderness- be aware that summer storms often come on fast. Be attentive: close cabin and studio windows and help secure items in the kiln house kitchen.

Help us keep you safe! When leaving for a hike, bike, or swim, communicate your expected route and return time to someone else on campus before you leave, and sign out your trip in our Adventure Log. This is not only a resource for residents to consider nearby outdoor opportunities to explore, but also an important safety precaution.

To be respectful of all residents, quiet hours are 9:00pm - 8:00am. Please be mindful of noise levels and music choices and use headphones in shared spaces. Please keep phones on SILENT overnight and during group activities, classes, and events.

Daytime visitors are welcome at Craigardan Monday - Saturday, 9:00am - 6:00pm and at events open to the public. Overnight guests are not permitted. There are a number of wonderful local accommodations from camping to B&Bs if you plan to invite a visitor during your residency. Please refer to the local lodging information in this handbook.

Our Location

The Adirondack Park

Craigardan is located in a beautiful and very remote area of the six-million-acre Adirondack Park, a protected state park in the North Country of New York. With over 130,000 permanent residents, we are the only such park in the United States that combines human industry with wilderness protections. Craigardan sits on 320-acres of previously logged land that we are nurturing back to health, and is surrounded by large tracts of public and private wilderness areas in a patchwork with small towns and tight-knit communities.

This is a mostly white region with communities experiencing both extreme poverty and extreme wealth. Elizabethtown is the county seat, with many public services including the court houses, social services, and an excellent mental health clinic. We have a full hospital, dentist offices, churches, pharmacy, grocery store, hardware store, liquor store, and dollar store. There are a few restaurants and car mechanics. We are also in the middle of a few multi-use recreational trail networks and one of the oldest golf courses in America. We are 1.5-2 hours from multiple airports, and 15 minutes to a train station and bus stop.

Residents of the park carry on a strong tradition of what it means to be Adirondackers – multi-talented, self-sufficient, nature-loving people. Here, folks of all ages and backgrounds are doing and creating amazing things while having deep conversations about the future of the park, wild lands and waters, and the vibrancy of our human communities.

Local Resources

- Information about our local food system can be found at <https://adirondackharvest.com>
- Information about the Adirondack region can be found at <https://visitadirondacks.com>
- Information about Elizabethtown, NY can be found at <https://elizabethtown-ny.gov>
- Information about Keene and Keene Valley, NY can be found at <https://www.townofkeeeny.com>
- Information about Lake Placid can be found at <https://www.lakeplacid.com>
- Information about North Hudson, Schroon Lake, Newcomb and Minerva can be found at <https://www.adirondackhub.com>
- Information about the town of Jay can be found at <https://townofjayny.gov>
- Read the local news: <https://www.northcountrypublicradio.org> and <https://www.adirondackalmanack.com>
- Sign up for a local news bulletin: <https://jaynews.org>

*Top L to R: The Branch stream flowing through Craigardan; Jennifer Kidwell and Thomas Graves ('18)
Bottom L to R: Sunrise views from Hurricane Mountain; Marco Wilkinson ('18)*



Craigardan Alumni

Stay in community

After your residency we hope you'll stay connected. We are developing a range of ways to carry the community forward and to support alumni and your work well beyond your time at Craigardan.

Alumni are welcome to reapply for future residencies as early as the following year. Other opportunities currently include:

Pre-season Alumni weeks: Free exchange opportunity to come back to Craigardan and help prepare for the summer season. Think plenty of studio time, catching up with old friends, tons of great food, and helping out in the studio, on the grounds, or at the farm.

Craigardan Residency Alumni Facebook Group: A dedicated page for former, current and accepted Craigardan residents. We aim to maintain a safe space for all group members to stay in touch, network, share ideas, ask questions and support each other with their current and future creative pursuits.

The Gardan Journal: Submit your work regularly to the Gardan Journal for digital and print publication. We publish two issues per year: spring and fall.

Alumni Giving: Pay it forward and help support the artists to come after you. We encourage alumni gifts large and small to the fellowship of your choosing. The more support these fellowships receive, the more awards we can make in a given year. We currently accept gifts of \$10, \$25, \$50, or more towards the Trillium, Master Artist, and Teaching Fellowships. We are also in the fundraising stages for new fellowships including an alumni award – please reach out to learn more and help us create new legacies.

Coming soon:

- Alumni email newsletters
- Annual alumni fellowship award
- Alumni exhibitions

Campus Map

Spacial orientation

Here in the Adirondacks, opportunities for hiking, biking, local exploration, and swimming provide fresh inspiration (and sometimes necessary distraction). We are located in a stretch of forest off the flanks of Hurricane Mountain in-between Elizabethtown and Keene – directly in the heart of the Adirondack Park's High Peaks region. The Craigardan campus is an ideal location to go outside and stretch your legs and your mind in the largest state park in America. We'll connect you with the history of this region, and provide you with suggestions to explore off-campus if you have a car – but there are plenty of ways to stay and explore on-campus as well.

Our 320 acre property has a developing network of trails, a lookout point, two streams, two entrances, and two separate focal areas: the *main campus* and the *community farm*.

The main campus: is a 1/2 mile drive or 10-15 minute walk up the property from the farm.

- ▶ Six individual Artist Cabins: insulated with electricity, heat, windows and a fan
- ▶ The Bath House: four insulated bathrooms with on-demand hot water, stall showers and heat
- ▶ Kiln House and professional summer kitchen and dining in an open-air pavilion.
- ▶ Applebarn with first-floor living space and library, and second-floor studios and our program office. The Applebarn has heat but no air conditioning.
- ▶ Glamping Tents: we have a few canvas tents in private wooded locations for deluxe camping accommodations. Each has a twin bed, carpet, solar lights, Anker portable power station, chair, and bins for clothes and personal items.

The community farm: is located downhill from the main campus

- ▶ Farm buildings: greenhouse, sheds, and equipment
- ▶ Vegetable gardens, accessible raised beds, pastures, hen house, and apiary
- ▶ Farmhouse: farm store, main office, laundry room
- ▶ Clay Barn with studios for ceramic artists, electric kilns, clay making area and raw materials

Note that trails in the Adirondacks (including at Craigardan) are primitive and technical. Walkers and hikers will encounter roots, rocks, uneven terrain, steep hills, stream crossings, and sometimes fallen trees or tall grass. Appropriate footwear is important.

BACK COVER // Top: View of Craigardan's property from the southeast - farm in front. Bottom: view from the northwest - new main campus in front. It's a 10-15 minute walk between sites.

